

Debbie J Dalton



About Me

I did NOT run away from home when I was only six years old. I was running to the fun adventures that would fill the day ahead. That's how I've always lived my life. I've been nudged down my own path all along. Growing up in the shadows of the Appalachian Mountains I learned to trust an inner guidance that has never steered me wrong.

I've been beating the odds stacked against me from the beginning. From breaking the bonds of dependence on government assistance to running in marathons after an ankle break that left surgeons warning me that I may lose a foot, I have built a faith and a set of skills that allows me to see, and then seize, opportunities rather than stumble over obstacles.


My first book chronicles a life of discovery and wonder at the perfection of the synchronicities that link together to create a perfect existence. As I research my next book, which is filled with a gathering of stories shared about the Nudges that have led so many to live their wildest dreams, I am currently traveling and having the most fun of my life sharing stories, insights and a few tips with audiences of fellow Nudges.

Speaking

Debbie is hitting her stride and building a reputation for talks that are a catalyst for real life change. With the wisdom born from experience she has learned to trust her inner guidance, her Nudges, and enjoys nothing more than sharing the process of building that faith for oneself.

Her talks are packed full of concrete steps to lead to one's grandest version on life. These steps are shared through the telling of entertaining and heart-warming stories that will leave the audience anxious to jump into their own next nudge.

Audiences are sure to be talking Hillbilly about Nudges! Through the use of stories overflowing with Country Charm and sprinkled with chuckles, Debbie will leave audiences eager to trust their own Nudges and dive into the fun life's meant to be!

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